

Psychotherapeutic
Art
Interventions for
Navigating
Trauma

PAINT

- Are you a school-based mental health provider working with students covered by Medi-Cal?
- Do you want to deepen your knowledge of evidence-based, trauma-informed and relationship-centered practices?
- Do you want to learn about innovative and engaging art-based interventions that have been adapted for Telehealth delivery?



Body contour drawing
by Oakland Tech student

Initial Training Intensive to begin September 2020

All trainings offered via Zoom. Exact dates TBD by Doodle poll.

If interested, please contact francineostrem@lincolnfamilies.org

PAINT is the recipient of an ACEs Aware Provider Engagement Grant from the Office of the California Surgeon General and the Department of Health Care Services. Lincoln will be offering state-wide trainings and **ongoing case-based learning workshops** in the PAINT method to post-Master's school-based mental health providers with Medi-Cal contracts during the 2020/2021 school year free of charge. CEUs available to LMFTs, LCSWs, LPCCs.

NO previous art therapy experience required.

PAINT is designed and overseen by Francine Ostrem, Ph.D., LMFT, LPCC, Expressive Arts Therapy Specialization