

RESILIENT TOGETHER

2021 ANNUAL REPORT





A LETTER FROM OUR CEO

March 2021 marked one year since the pandemic upended all of our lives.

It's been more than one full year of economic uncertainty, disrupted school and work, and social distancing. More than a year of illness and wondering what might be next. Many of us continue to think about whether things will ever return to "normal."

COVID has taken a toll on all of us, but impacts have been far greater for children and families already experiencing poverty and trauma. Health, economic, and educational disparities have disproportionately hurt communities of color and young people throughout the pandemic.

Data from the CDC showed a 24% increase in the proportion of children going to emergency rooms for mental health care in the first six months of the pandemic compared to the same period in 2019. This rate increased by 30% among adolescents. Latinx and Black children are also twice as likely to experience economic- and health-related impacts due to COVID, which can both create and exacerbate mental health issues.

We worked hard this year with youth and families, and couldn't have had the impact that we did without our staff, our most valuable strength and "secret sauce." We were honored to be recognized as a Bay Area Top Workplace this year, and are so grateful for our staff's passion, innovative thinking, and relentless commitment to seeing families succeed through their work:

- Providing mental health services in schools and in the community to help youth and families coping with trauma to succeed;
- Connecting families to resources at our Family Resource Centers so they can build economic mobility and disrupt generational poverty;

- Delivering early childhood and literacy programs to close the opportunity gap for youth and level the educational playing field.

This year, we have gained greater understanding around what we have always known: that the resiliency of the human spirit is greater than any pandemic or obstacle. Together we can buffer the impacts of toxic stress through relationship and connection. As we return to an in-person world, together we can innovate and create something transformative that is better than "normal."

We continue to be grateful to you, and all of our donors, foundations, corporate and government funders, and community partners that have stood with us along the way. Your contributions have enabled our staff to show up for families and work alongside them on their wellness journey. We at Lincoln Families are committed to continuing this essential work, and with your critical support, we can continue impacting real change.

We're stronger together. More resilient together. Thank you for being part of the Lincoln Families community.



In Community,

Allison S Becwar

Allison Staulcup Becwar, LCSW
President & CEO

ABOUT LINCOLN FAMILIES

Focusing on school achievement, economic mobility, and community wellness, Lincoln Families provides a continuum of preventative, responsive, and intensive support services to improve outcomes for children and families. We are committed to creating systemic change to strengthen our work in schools and communities, to remove barriers to care, and to advance racial justice and equity. Founded in 1883, *Lincoln Families disrupts cycles of poverty and trauma, empowering children and families to build strong futures* in Alameda and Contra Costa Counties.

RESILIENT TOGETHER.

RESILIENT TOGETHER SCHOOL & COMMUNITY WELLNESS

During the pandemic, remote learning and isolation went hand in hand. Lincoln Families staff became trusted lifelines, ensuring students and families had access to essential mental health services through our continuing telehealth model. Finding ways to keep students and families connected and helping them heal from the added layer of trauma from COVID was more important than ever. We also provided trauma-informed coaching for teachers to better support families and students during the crisis. We couldn't have done this without our school and community partners working alongside us to provide these essential family supports.

OUR MISSION

Lincoln Families disrupts the cycle of poverty and trauma, empowering children and families to build strong futures.

OUR VISION

We imagine a positive, equitable future for all through changing lives and strengthening communities.

OUR VALUES

- Integrity - We are truth-tellers and adhere to our principles and values.
- Compassion - We provide a caring and supportive environment.
- Respect - We honor all with dignity and consideration.
- Excellence - We constantly work towards the highest standards and never give up.
- Courage - We stand up for what's right, even in the face of adversity.
- Diversity - We commit to building awareness and proactively challenging issues of bias in our community.



PARK MIDDLE SCHOOL PARTNERSHIP ANTIOCH UNIFIED SCHOOL DISTRICT

100 bags of school supplies distributed

85 students received mental health care and 1-1 mentoring

\$8,000 raised for clothing & food assistance for families

16 families completed intensive parenting program

177 family members benefitted from 38 distributed laptops

RESILIENT TOGETHER ECONOMIC STABILITY

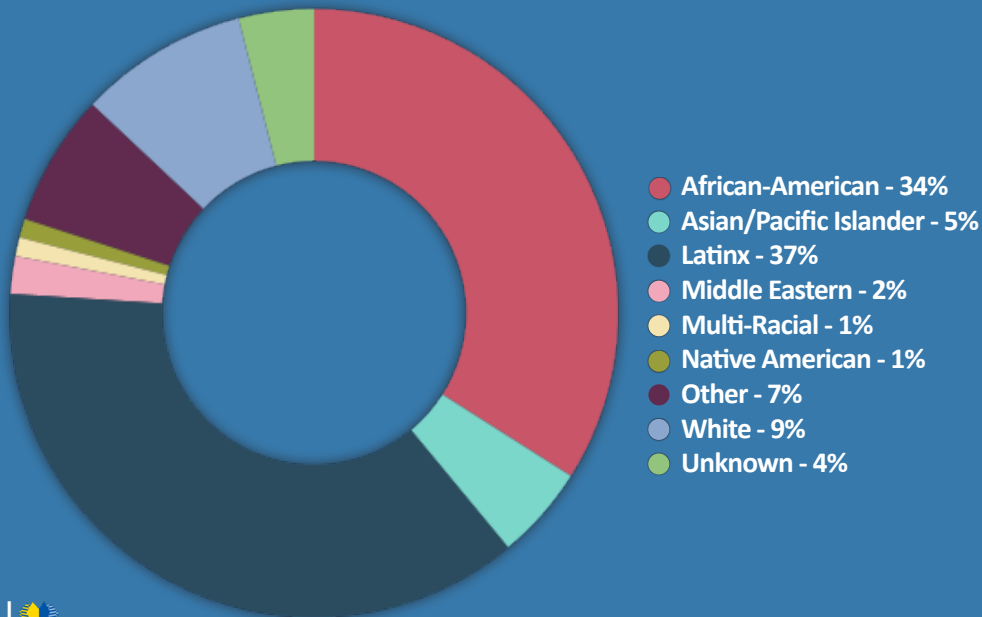
Through our deep relationships with students and families, we were able to identify other needs, which led to the dispensing of food, diapers, and other basic supplies. Of all the needs that arose, housing was among the most urgent. Lincoln Families was there to ensure families impacted economically were supported. We facilitated housing assistance applications, funds for payments to landlords and utility companies, and staff training around the rights of families. We are incredibly grateful to our donors, foundations, and other partners that stepped up to provide this critical assistance.

RESILIENT TOGETHER SYSTEMS CHANGE

In a year that ushered long overdue awareness of institutional oppression, we increased our efforts to hold ourselves and the systems we work in accountable for addressing systemic racism. Our Policy and Advocacy Team responded as Lincoln Families always has by listening to the needs of our communities and transforming this information into action towards change. We engaged in city and county coalitions to address systemic harm, racism, and inequity towards oppressed communities. Additionally, we launched staff advocacy groups to sustain our policy agenda and grassroots community organizing, and raise the capacity of employees to participate in advocating for local, state, and federal change.

\$161,617 raised for housing and crisis assistance funds

Youth & Family Demographics



POLICY INITIATIVES

Equity for Kinship Families - Promoting local and statewide reforms for greater supports and services for relative caregivers through strategies such as reforming the loophole around probate guardianships that keep families in an invisible system of care.

Place-Based Care - Expanding on legislation to support more funding streams for family resource Centers and leading community coalition building at Lincoln family resource hubs in Oakland, Hayward, and East Contra Costa.

Racial Justice - Expanding access to quality, culturally relevant behavioral healthcare through reducing barriers for BIPOC professionals entering and thriving in mental health fields, and advocating to reduce Medi-Cal administrative burdens and documentation.

STAFF ADVOCACY

Housing Stability - Advocating for increased availability and access to affordable housing and inclusive policies that support all Californians through researching and sharing rental assistance programs, understanding changing policies at all levels, and navigating tenant rights within case management.

Needs of Immigrant Families - Advocating and supporting undocumented families through researching and learning about immigrant rights, responding to crises as they arise, and uplifting community voices to dismantle barriers, empower survivors, and provide resources.

Reimagining Public Safety - Advocating to dismantle the School-to-Prison Pipeline and advance racial justice in our schools and communities through disrupting cycles of police involvement in mental health crises in the community, and building staff capacity to provide de-escalation interventions.

PROGRAM IMPACT

More than 50,500 telehealth care sessions provided via video and phone.

SCHOOL-BASED

1 year increase in reading levels in just 6 weeks for Oakland Freedom School scholars, on average

45 schools served in Alameda and Contra Costa

87% of youth improved behavior, confidence, and stability at home and at school

2,233 youth took part in educational engagement services

95% of Contra Costa Lincoln Families youth felt supported by staff during COVID

90% of Family Resource Center caregivers were better able to support children academically & developmentally

1,400 consultation hours focused on kindergarten readiness provided to preschool educators & parents

COMMUNITY-BASED

818 families supported to improve access to resources, economic mobility, wellness, & stability

100% of Kinship families stayed together

30 children under age 5 received scholarships and early acceptance to Holy Names University through our Legacy Project partnership

80% of youth receiving intensive services stayed in their homes or placement

90% of youth struggling with substance use and mental health challenges had no new arrests

200+ partners working alongside us to deliver supports and resources to youth and families

4,075 West Oakland families provided with food, diapers, & other essentials in collaboration with 9 community partners

LINCOLN FAMILIES SERVICE AREA

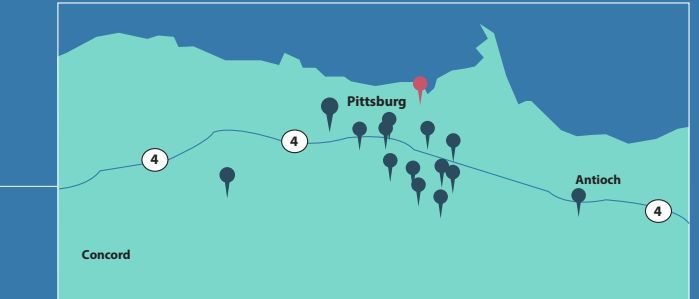
Today, Lincoln Families impacts more than 41,400 lives through partnerships, training, and outreach, and through programs delivered at five offices (Oakland, Hayward, and Pittsburg), and at 45 schools in Alameda and Contra Costa Counties.



Alameda County



East Contra Costa County



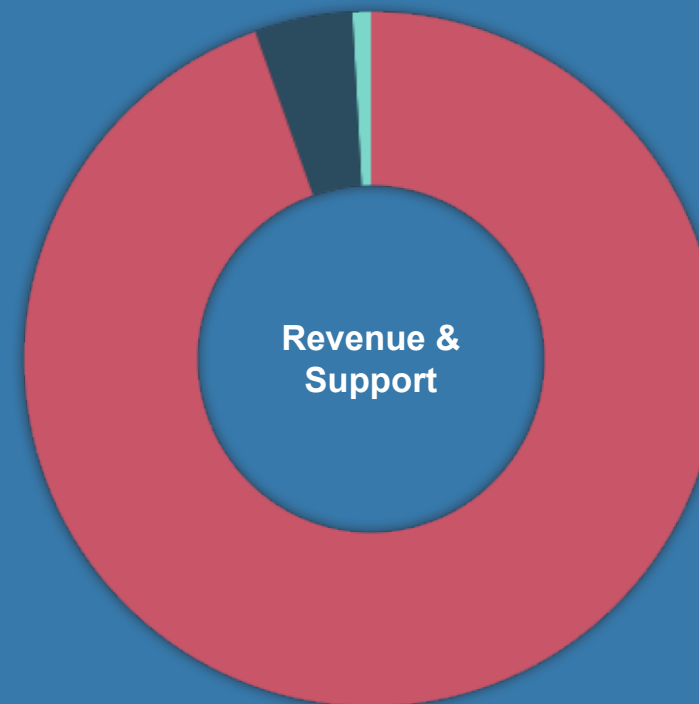
- Lincoln Families Offices
- School Sites
- Neighborhood Centers

To learn more, visit www.LincolnFamilies.org, or follow us on Instagram, Facebook, LinkedIn, Twitter, and YouTube @Lincoln1883.

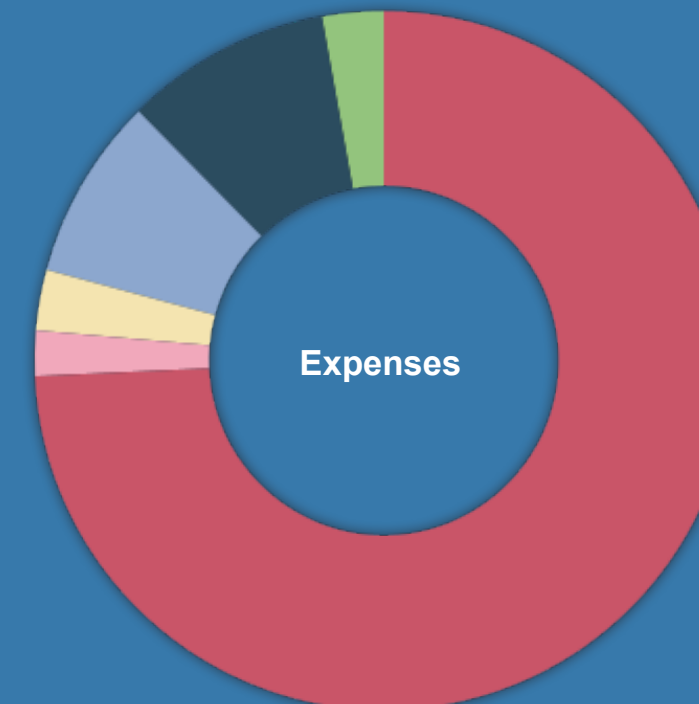


FINANCIALS FISCAL YEAR JULY 1, 2019 - JUNE 30, 2020

We're committed to not only sharing our impact and outcomes but also our financial information with you. 88 cents of every dollar go directly towards programs impacting children and families (an increase from 85 cents last year).



- Program Revenues - \$ 21,559,431
- Individuals, Foundations & Events - \$ 1,037,755
- Interest, Dividends & Other Income - \$ 197,678



- Community & School-Based Programs - \$ 17,053,548
- Training Institute - \$ 480,542
- Kinship Family Program - \$ 644,412
- Other Programs - \$ 1,938,295
- Management & General - \$ 2,188,943
- Fundraising, Marketing & Policy - \$ 652,912

OUR LEADERSHIP & BOARD

Leadership Team

Allison Staulcup Becwar,
President & CEO

Bing Estrada,
Chief Financial Officer

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School-Based Services
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Allison Staulcup Becwar,
President & CEO,
Lincoln Families



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\$100,000+

Alameda County BHCS
Alameda County HCSA
Alameda County Probation
Alameda County Social
Services
Contra Costa Behavioral
Health Services
Contra Costa County
EHSD
First 5 Alameda County
Hayward Unified School
District
Hellman Foundation
Kenneth Rainin
Foundation
Oakland Fund for Children
and Youth
Pittsburg Unified School
District

\$50,000+

Contra Costa County
EHSD
Frank S Seifried
Kaiser Permanente -
Diablo
Kaiser Permanente -
NorCal Regional
Sunlight Giving

\$25,000+

Bainum Family Foundation
California Foundation for
Stronger Communities
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Gallagher & Burk, Inc.
Holmgren Charitable Lead
Trust
Oakland Unified School
District
Zellerbach Family
Foundation

\$10,000+

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The San Francisco
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The Todd and Doris
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\$5,000+

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Carl and Dolores

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Yang
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\$100+

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Staulcup Becwar
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Wojnoonski
Jessica Wynn-Grant



Every effort has been made to ensure the accuracy of these listings, reflecting contributions received from July 1, 2020 to June 30, 2021. We regret any errors or omissions. Please phone 510-542-0345 with any corrections.



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1266 14th Street,
Oakland, CA 94607

**Lincoln Families is Excited and Honored to be Selected
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