# 2022 Annual Report

Same and





is critical to their success. We know that learning is social, emotional, and academic. Perhaps most importantly, we know that children and youth thrive when they feel emotionally and physically safe at school, at home, and in their community... and when they feel connected, engaged, and challenged.

" They forgot how to share...how to listen...how to sit quietly. "

OAKLAND FREEDOM SCHOOLS SERVANT LEADER

#### A Letter From Our CEO

What does a child need to develop perseverance, succeed at school, and flourish?

The past two years have shed a light on what we at Lincoln have always known --- that a strong ecosystem of supports surrounding a child

Depression and anxiety, among California youth ages 3-17, rate second highest in the U.S. according to the Annie E. Casey Foundation's 2022 Kids Count Data Book. Rates in California rose 70% ---- nearly three times as much, from 2016-2020. The need for the mental health services that Lincoln Families provides in schools, in homes, and in communities is now more critical than ever. It is imperative that we address the barriers to accessing these services for the youth, families, and communities we serve.

While the nation's mental health crisis has had significant impacts, we at Lincoln Families see stories of resilience everyday. We see preschool children in Lincoln play groups develop the social and emotional skills they need to successfully transition to kindergarten. We see high school youth working with their Lincoln team to tackle barriers, graduate, and go on to college. We see caregivers at our Family Resource Centers lean on their community to navigate rising costs, housing challenges, and well-being.

I am so incredibly grateful for our staff who show up for our families day in and day out while cultivating their own wellness journey over the past few years. We also continue to be grateful to you, and all of our donors, funders, and government and community partners. We couldn't do this essential work everyday without your critical support.

We are truly stronger together. We are all part of the wellness ecosystem that every child needs to thrive and flourish. Thank you for being part of our Lincoln family.

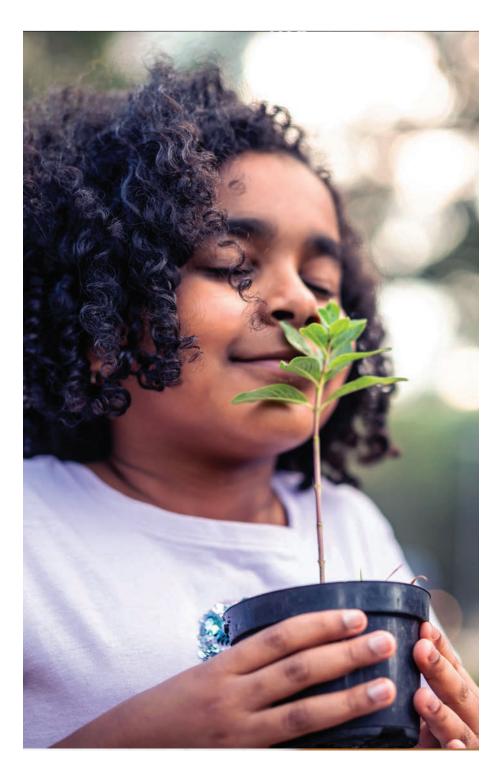
In Community,

allison S Becwar

Allison Staulcup Becwar, LCSW President & CEO

# Supporting the Whole Child CIRCLES OF SUPPORT

We at Lincoln Families believe that everyone deserves the opportunity for well-being. We believe that every child deserves equitable access to quality mental health services throughout their development. We believe building a strong ecosystem of social-emotional supports that surrounds each child is critical to cultivating growth.







# Building Wellness Together YEAR IN REVIEW

Over the past year, we walked alongside children, youth, and families as they began their path beyond COVID. Our dedicated staff across Lincoln's 12 school- and communitybased programs helped ease students' transition back to the classroom and supported families to remain a strong and stable force for their children.

We were honored to be recognized as a Bay Area Top Workplace for a second consecutive year, and are so grateful for the Lincoln team's passion, innovative thinking, and relentless commitment to seeing youth and families succeed through their work:

- Delivering early childhood and literacy programs to close the opportunity gap for youth and level the educational playing field
- Connecting families to resources and to each other to build economic mobility and disrupt generational poverty
- Providing mental health services in schools and the community to help youth and families heal from trauma

"We're grateful for the opportunities we've had over the last year as a team to engage with students, parents, and teachers, and create welcoming and responsive environments where youth feel safe, connected, and supported." --- Ana Mejia, School-Based Services Director, Alameda County.

### **IMPACT HIGHLIGHTS**

### Supporting Students & Schools

Despite school closures and ongoing COVID disruptions, Lincoln's school-based HOPE staff in Alameda County served more than 320 students last year --- a 40% increase over prepandemic numbers. Lincoln teams provided classroom mental health supports to build students' social and emotional skills for coping with depression, anxiety, and trauma in real time. Teams went one step further to provide coaching for teachers in identifying signs of trauma in students, coping with their own challenges, and connecting struggling students to critical support services. The key to our success? Deeply developed relationships and trust.

"I want to be a therapist because of you." --- Student



### **IMPACT HIGHLIGHTS**



#### Strengthening Families

Few events are more traumatic for families than children being removed from their home and entered into the foster care system. This has significant impacts on a child's physical and emotional wellbeing and their functioning at home, at school, and in the community. Lincoln's IHBS (Intensive Home-Based Services) team has worked tirelessly in Contra Costa County giving families the support they need to reunify and thrive together.

"Having a team of people to collaborate with, who I really enjoy and whose work I really admire, allows me to stay very connected to the mission and heart of the work that we do! Knowing that we're all in this together and truly working towards a common goal is very motivating." --- Meagan Youngblood, Lincoln IHBS staff

"The time that my son gets to talk with Homar (IHBS Staff) during his sessions has been tremendously helpful for building his self-confidence and he is now able to express in the correct words how he is feeling. He looks forward to Fridays and reflecting on the week's end with 'guy talk', he calls it."

--- Parent

## **IMPACT HIGHLIGHTS**

#### **Building Communities & Partnerships**

Over the past year, we continued to support our communities by leaning into our whole-family approach. We worked to integrate our services and engage with our partners to make it easier for families to get what they need in one place.

Last year, Lincoln's community hubs and Family Resource Centers in Antioch, Hayward, and East and West Oakland supported 899 youth and 947 caregivers. With access to information, connections to resources, and skill-building opportunities, youth and caregivers were supported by the community to improve access to wellness, stability, and economic mobility. Highlights include:

- 63 caregivers in Antioch received parent education and linkages to rental assistance from our HOPE staff
- 372 families at our West Oakland Mandela FRC were supported in accessing essential resources
- 100% of Highland Community School FRC caregivers reported being able to support their children academically
- 100% of families in our Kinship program stayed together and avoided the foster care system





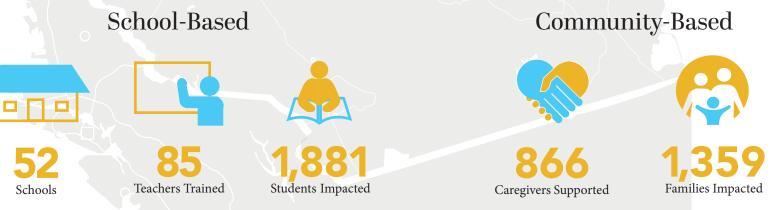




- Improved social and emotional skills and kindergarten readiness of preschoolers
- Improved self concept of middle schoolers as they transition to high school
- Increased percentage of 12th graders graduate with clear goals and hope for the future

## **THE DESTINATION OF YOUR DOLLARS**

Lincoln Families is dedicated to disrupting the cycles of poverty and trauma, empowering children and families to build strong futures. Through engaging in Lincoln's school- and community-based services, youth and families maximize their potential and make a difference in the world. When you donate, you impact youth and families as they work with Lincoln Families to achieve sustainable changes in their lives and our communities.



Long-term benefits of investing in school-based programs:

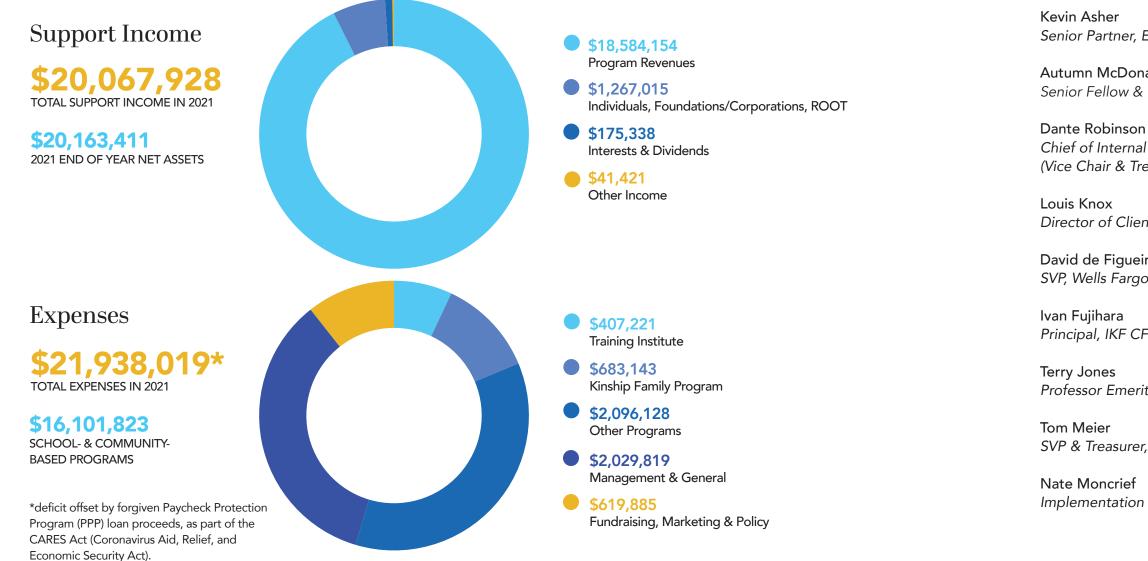
• Increased number of 3rd graders reading at grade level

Long-term benefits of investing in community-based programs:

- Increased percentage of families staying together
- Improved wellness for youth and families
- Improved economic mobility for families and the immediate community

### FISCAL YEAR JULY 1, 2020 - JUNE 30, 2021

We're committed to not only sharing our impact and outcomes, but also our financial information with you. 88 cents of every dollar go directly towards programs impacting children and families.



### **OUR BOARD MEMBERS**

Kevin Asher Senior Partner, Ernst & Young (Board Chair)

Autumn McDonald Senior Fellow & Head, New America CA (Vice Chair)

Dante Robinson Chief of Internal Affairs, State Compensation Insurance Fund (Vice Chair & Treasurer)

Louis Knox Director of Client Relations, Blacksburg Law (Secretary)

David de Figueiredo SVP, Wells Fargo Practice Finance (ret.)

Ivan Fujihara Principal, IKF CFO Services Consulting

Terry Jones Professor Emeritus, California State University, East Bay

Tom Meier SVP & Treasurer, Kaiser Foundation Health Plan

Nate Moncrief Implementation Consultant, Enforce Consulting Alice Myerhoff Principal, Myerhoff Marketing & Sales Consulting

Sheetal Patel Chief of Staff, Deloitte Consulting

Wendall Mitchell (Emeritus) Senior Real Estate Counsel, Albertsons Inc.

Cynthia Prince (Emeritus) VP, Business Initiatives Manager - Wells Fargo

Allison Staulcup Becwar President & CEO, Lincoln Families

**Follow us @Lincoln1883** on Facebook, Instagram, LinkedIn, Twitter & YouTube to receive the latest news, events, and Lincoln updates.

**Give online at LincolnFamilies.org.** From auto-monthly options and company match opportunities to honorary tributes and legacy giving, it's never been easier to give back.

# 185,000 Reasons to be Thankful 7TH ANNUAL ROOT

This year, we were excited to gather at our 7th annual ROOT celebration, From Our ROOTS to the Stars, on May 20, 2022, at the Chabot Space and Science Center in Oakland, CA. After two long years of the pandemic and countless Zoom interactions, we were thrilled to finally gather together once again to celebrate 139 years of Lincoln in our communities!

On behalf of Lincoln Families, we'd like to thank our supporters for helping us raise \$185,000 for the children and families we serve. Their resiliency reminds us that the power of the human spirit is greater than any pandemic or obstacle. Like stars are to the sky, so are children to our world.























### **IN GRATITUDE** \$100.000 +

Alameda County BHCS Alameda County HCSA Alameda County Probation Alameda County Social Services BRIDGE Housing California Family Resource Association Contra Costa Behavioral Health Services Contra Costa County EHSD First 5 Alameda County Hayward Unified School District Hellman Foundation Oakland Fund for Children and Youth Pittsburg Unified School District Sierra Health Foundation

### \$50.000 +

Aurora Health Group Bainum Family Foundation Dean and Margaret Lesher Foundation Golden State Warriors Kaiser Permanente - Diablo Kaiser Permanente - NorCal Regional Kenneth Rainin Foundation Oakland Unified School District Sunlight Giving

### \$25,000 +

Alameda County Office of Education Bella Vista Foundation Gallagher & Burk, Inc. Holmgren Charitable Lead Trust Oakland Family Resource Center Network Morris Stulsaft Foundation Truist

### \$10,000 +

Barrios Trust Bernard F. and Alba Witkin Charitable Foundation Carla Betts California Foundation for Stronger Communities Nathan Moncrief and Stacy Cranston DeSilva Gates Construction Double D Transportation Co. Ernst & Young David and Sarah Hauser Head-Royce School Hedco Foundation Sheetal Patel and Nithin Reddy The Clorox Company

### \$5,000 +

Kevin and Essie Asher Daffodil Flower Group Katie and James Daire Warren and Kim DeSouza Jenae Easley David de Figueiredo Ivan and Janine Fujihara Diane Delucchi Goodhue Tom and Elizabeth Henry In-N-Out Burger Foundation Jane S. Turnley Disclaimer Trust Kaiser Permanente - East Bay Lowell Berry Foundation Port of Oakland Elliott Sernel

### \$1.000 +

Mary Sue Allen Anonymous Arthur J. Gallagher & Co. Kristi Babb Brian Bainum Allison Staulcup Becwar and Chris Becwar BTR Capital Management, Inc. William Cale Rita and Juan Cepeda Margaret and Richard Chaffee John Stratton and Shawn Chapler Contra Costa Family Justice Center Stephen Cradock Karen and Casey Crowe Dennis and Trish Drew Mike and Morgan Ebbing Wendall Mitchell and Boydine Hall Harrington Group Jefferson Hilliard Julie and Andrew Hybl Heather Ludeman Garry Flores Manansala Marjorie Mosher Schmidt Foundation Matson Autumn and Chip McDonald McGriff Insurance Services Dan and Karen McQuade Kirsten and Mark Melton Christine Stoner-Mertz and Michael Mertz Alice and Nick Myerhoff Ziad and Charlene Nassoura Oakland Literacy Coalition Barbara and William Peterson Marianne Potie Cynthia Prince Dante and Lisa Robinson Steven and Karen Roland

Jessica Ross Self-Help Federal Credit Union Roger Solin and Stacey Smith James and Marilyn Stonehouse Estate of Elouise C. Sutter Dr. Lisa Swearingen Tenisi Tech Adam and Sue Ward Philip Watt Bob and Lisa Welch Ingrid Merriwether and Rick Williams

### \$500 +

Ross Asher Mary Lee Becwar Peter Bennett Danielle Clarke Larry Falconio Donna Fletcher Susan Hubbard Alex Huntsinger Jeffrey Jordan Maria Junge Amber Marsh Forrest Oalesbee Elizabeth Simms Elana Swartzman Gavle Thomas Wallflowers

James and Carol Alves Biju Srinivasan and Reena Babiji Mark Freitas and Susan Gallardo Jack Deslippe and Lisa Gedigian Margaret Wiegert and Jeffrey Jacobs Roxanne and Ronald Jones DawnMarie Kotsonis Kathleen and Thomas Martinek Carl and Dolores Monismith Greg Smith and Marilyn Smith Heidi and Joseph Van Yang Jackie Vespignani

Gregory Welch Andrew and Katie Wojnoonski

### \$100 +

Amazon Smile Organization Geraldine Alexis Faima Bannister Wessede Barrett Aline Benoit Rachel Beser Dr. Harvey Bilik Catherine Boggs Dr. Paul and Jennifer Brakeman Adam and Kristin Brink Linda Brown Allyn Bruty Jennifer Porcinito and Daniel Buczaczer Cars 4 Causes Mariel Cepeda and Javier Cervantes Jean Christopher Robert and Sally Church William and Kathleen Claussen Sally West and Peter Compton Deanna and Walter Cope Kave Cranston Ann Cripps Richard and Susan Curry Christopher and Debra Danko Sharon Decker Judith Dietz Dr. Callum Eastwood Donald and Jean Egan David and Pam Fullerton Dawn Gedigian Matt Gedigian Penelope Goldsmith Liz Gregor Gregor and Marylou Greig Rebecca and Christopher Hanif Milo Hanke Diane Harris-Wilson

Jerome and Susan Herrick Diane and Harold Hill Gregory Hunt Amanda Hunter Noah Johnson John Wright and Ruth Kiskaddon Patricia Larkin Jackie Leventhal Michelle Little Katherine Lyons and Steven Lurie Kevin and Chrissy MacDonald Thomas and Suzanne Meier John and Alice Mace Nakanishi Jean and Dale Olds Deanna Osterberg Juan Pangelinan Elizabeth and Christopher Parady William Patterson James Pavon Lorraine Phillips Melissa Ramos Wayne and Marcia Riley Janelle Jones and Paul Sachelari Salesforce Dana Schmidt Jessica Sevrin Dr. Wade and Virginia Sherwood Margaret Stark-Roberts James and Karen Staulcup Susan and Martin Tierney Deborah and Bob Van Nest Donald and Elizabeth Wells Jim and Patti Williams Bryce Winkler Judith Tornese and Jerry Winters Maddy Woelffer Julie Wong Cindy Young

Every effort has been made to ensure the accuracy of these listings, reflecting contributions received from July 1, 2021 to June 30, 2022. We regret any errors or omissions. Please phone 510-542-0345 with any corrections.

#### LINCOLN **FAMILIES** CHANGING LIVES STRENGTHENING COMMUNITIES

Administrative Offices 1266 14th Street, Oakland, CA 94607

Focusing on school achievement, economic mobility, and community wellness, Lincoln Families provides a continuum of preventative, responsive, and intensive support services to improve outcomes for children and families. We are committed to creating systemic change to strengthen our work in schools and communities, to remove barriers to care, and to advance racial justice and equity. Founded in 1883, Lincoln Families disrupts cycles of poverty and trauma, empowering children and families to build strong futures in Alameda and Contra Costa counties. To learn more, visit www.LincolnFamilies.org, or follow us on Instagram, Facebook, LinkedIn, Twitter, and YouTube @Lincoln1883.

Stronger Together.

510.273.4700 | www.LincolnFamilies.org | @Lincoln1883 🖪 🕑 У in